

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 1	Week 6 Beginning: 2/12/2024
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 2	
M o n d a y	Notes:	Objective:  Lesson Overview:  TEST OVER UNIT 3 CPR ADN FIRST AID	Academic Sports Med CTE Standards: 5 6
T u e s d a y	Notes:	Objective: 1. Understand terminology related to wound care. 2. Identify and demonstrate steps involved in properly caring for an open wound 3. Identify and explain situations in which an open wound would need to be referred for further care  Lesson Overview: L1 Basic Wound Care  L2 Basic Muscle Bone and Joint Care	Academic Sports Med CTE Standards:  5.7
W e d n e s d a y	Notes:	Objective: 1.Understand the terminology involved in the phases of soft tissue healing 2. Identify and explain the phases of soft tissue healing 3. Contrast the phases of soft tissue healing 4.Identify terminology specific to bones 5.Understand and describe purpose of bones in the body 6.Describe the phases of fracture healing 7.Compare/contrast soft tissue healing with bone healing  Lesson Overview: L3 Soft Tissue Healing Process L4 Fractured Healing	Academic Sports Med CTE Standards:  6.6

T h u r s d a y	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> <li>1.Understand key terminology related to pain and pain control</li> <li>2.Utilize pain scales to help determine the severity of pain</li> <li>3.Analyze various pain theories and methods of pain control</li> <li>4.Understand terminology associated with the tissue healing and rehabilitation process</li> <li>5.Examine conditions or situations that can help or hinder the healing process</li> <li>6.Understand biomechanical changes and secondary injuries that can occur during healing process and rehabilitation</li> </ol> <p>Lesson Overview:</p> <p>L5 Pain</p> <p>L6 Things that Hinder or Help Healing</p>	<p>Academic Sports Med CTE Standards:</p> <p>8.0</p>
F r i d a y	Notes:		<p>Academic Sports Med CTE Standards:</p> <p>8.0</p>